Activities Calendar January 6-12, 2025						
Monday, 06	TUESDAY, 07	WEDNESDAY, 08	THURSDAY, 09	FRIDAY, 10	SATURDAY, 11	SUNDAY, 12
7:30 Breakfast	7:30 Breakfast	7:30 Breakfast	7:30 Breakfast	7:30 Breakfast	7:30 Breakfast	7:30 Breakfast
9:00	9:00	9:00	9:00-11:00 Hair Salon	9:00	9:30	9:00
On This Day	Harlem Globetrotter's	Brain Teaser Month	9:00 Coffee Shop	National Save the	Residents meet in	Worship
The brief history of	Day Coffee Shop	Gather in Coffee Shop	Choreographer's Day	Eagles Day	Coffee Shop	Chapel
Jan 6 - Coffee Shop	see how this team	for some fun	Gather to watch	Coffee Shop	Listen to Music	
	trotted to fame!	brain food	beautiful dance		0	<u> </u>
HISTORY		\$0000 \$10000 \$25000	choreography			
10:00	9:45	10:00	9:30	10:00	Adult Coloring is a	Walk the halls
Zumba w/ Kathi	Movement w/	Zumba w/ Kathi	Ari the Therapy Dog	Zumba w/ Kathi	great & relaxing	for exercise.
Exercise Room	Michelle	Exercise Room	(Room to Room visits)	Exercise Room	activity. Check out	Your body &
	Exercise Room		10:00 Yoga w/ Jim		the books in	mind will
	11:00		Exercise Room		Activities Center	thank you.
	Music & Service Chapel		AND THE			
11:30 Lunch	11:30 Lunch	11:30 Lunch	11:30 Lunch	11:30 Lunch	11:30 Lunch	11:30 Lunch
12:30	12:30	12:30	12:30	12:30	"The longer I live,	12:15
Ice Cream Social	Poetry & Art w/	Hymns & Service	Celebrate January 🥻	Wheel of	the more beautiful	Documentary
Dining Room	Michelle	Sunshine Room	Birthdays!	Fortune	life becomes."	& Discussion
	Beginning Poets	₩	Dining Room	Coffee Shop	- Frank Lloyd	w/ Joan
	welcome! Coffee Shop	1:15		AUTHORIDA I	Wright	Coffee Shop
	Kit.	Ari plays guitar	2.	2:00 Opportunity	3	
	- A	sings		Bus to store	68	
		Sunshine Room	Curio Maniario I Dana	2:30	149/2	
	and the same of		Suzie, Marjorie I.,Pam, Connie, & Jeri L.	Sing-a-long with Duane		
2:30	2:30	2:30	2:00 Movie Matinee	3:15		
Bingo	Drinks & Darts	Name that Price	The Six Triple Eight	Happy Hour		
Dining Room	521	Has it been a while	WWII Film about black	**		
g		since you shopped?	women & their efforts			
BUNGO		Come play the price	to address backlog	Come down for a		
		guessing game	mail <i>Coffee Shop</i>	drink & chit chat		Rest
	Exercise Room	Coffee Shop \$\$\$\$\$\$\$\$\$\$\$\$\$\$		Sunshine Room		
				i .	l .	

М	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
B F S T	CHOICE OF JUICE CHOICE OF CEREAL EGG: MINI DONUTS MILK	CHOICE OF JUICE CHOICE OF CEREAL SAUSAGE LINK WAFFLES WITH SYRUP MILK	CHOICE OF JUICE CHOICE OF CEREAL EGG: TOAST MARGARINE/JELLY MILK	CHOICE OF JUICE CHOICE OF CEREAL SCRAMBLED EGG PANCAKES MAPLE SYRUP MILK	CHOICE OF JUICE CHOICE OF CEREAL SAUSAGE GRAVY BISCUIT MILK	CHOICE OF JUICE CHOICE OF CEREAL EGG: BACON TOAST MARGARINE/JELLY MILK	CHOICE OF JUICE CHOICE OF CEREAL WAFFLES, SYRUP & SAUSAGE MARGARINE/JELLY MILK
NOON	ROAST TURKEY STUFFING GRAVY CARROTS ROLL/MARG PIE MILK	MEATLOAF SCALLOPED POTATOES SQUASH BREAD/MARG ICE CREAM SOCIAL MILK	REUBEN SANDWICH GERMAN POTATO SALAD GREEN BEANS CHOCOLATE CAKE MILK	CHICKEN PARM ALFREDO SCANDINAVIAN VEGETABLES GARLIC TOAST FROSTED PEANUT BUTTER BARS MILK	BEEF POT ROAST MASHED POTATOES CARROTS ROCKY ROAD PUDDING MILK	TUNA SANDWICH COLESLAW CHIPS BREAD/MARG BUTTERSCOTCH APPLE CAKE MILK	BBQ RIBS SOUR CREAM MASHED POTATOES BUTTERED PEAS BREAD/MARG CAKE ROLL MILK
E V E	DIJON HOT HAM & CHEESE SANDWICH ON SOURDOUGH POTATO CHIPS PEARS	GOULASH TOSS SALAD/ DRESSING GARLIC TOAST CHILLED FRUIT MILK	LOADED CHICKEN TACO CORN BANANA HALF MILK	BBQ PORK SANDWICH FRENCH FRIES MANDARIN ORANGES MILK	CABBAGE, SAUSAGE & POTATO SOUP CRACKERS CORNBREAD TOSS SALAD/ DRESSING PEACHES MILK	CHEESY VEGGIE SOUP WITH CORNBREAD APRICOTS MILK	CHICKEN POT PIE CASSEROLE BISCUIT PEAS APPLESAUCE MILK

Menus Approved By:

Notes:



08/25/24, 09/22/24, 10/20/24, 11/17/24, 12/15/24, 01/12/25, 02/09/25, 03/09/25, 04/06/25

ACTIVITIES CALENDAR MC January 6-12							
MONDAY, 06	TUESDAY, 07	WEDNESDAY, 08	THURSDAY, 09	FRIDAY, 10	SATURDAY, 11	SUNDAY, 12	
7:30 BREAKFAST	7:30 BREAKFAST	7:30 BREAKFAST	7:30 BREAKFAST	7:30 BREAKFAST	7:30 BREAKFAST	7:30 BREAKFAST	
8:30	8:30	8:30	8:30 Hygiene, hair,	8:30	8:30	8:30	
Hygiene, hair, & Oral	Hygiene, hair, &	Hygiene, hair, &	& Oral Care	Hygiene, hair, &	Hygiene, hair, &	Hygiene, hair, &	
Care	Oral Care	Oral Care	Hair Salon 9-11	Oral Care	Oral Care	Oral Care	
9:20	9:30	9:30	9:30	9:00	9:30	9:00	
Caregivers gather	Watch old sitcoms	Morning Drinks &	Ari the Therapy Dog	Caregivers	Coffee, Tea, Hot	Welcome to	
residents into Dining	I Love Lucy	Pastries while	Visits	encourage & lead	Cocoa	attend service in	
Room for exercise	Andy Griffith	watching animal		residents in	Old Classic Shows	chapel	
9:30		shows		movement			
Movement w/ Kathi 10:00	10:30	10:00	10:30	10:30	10:30	10:30	
Watch Nature Shows	Sing-a-long w/		Balloon Batting w/	TLC w/ Andrea	Hand out	Help with Jigsaw	
watch Nature Shows	Mentors	Welcome to join Zumba	Andrea	TLC W/ Andrea	Magazines/Books	Puzzles	
	MU TV Room	AL Exercise Room	MU TV Room		iviagaziiies/ books	Puzzies	
11:00	11:00	11:00	11:00	11:00	11:00	11:00	
Listen to Music while	Listen to Music while	Listen to Music while	Listen to Music while	Listen to Music	Listen to Music	Listen to Music	
toileting and washing	toileting and washing	toileting and washing	toileting and washing	while toileting and	while toileting and	while toileting and	
for lunch	for lunch	for lunch	for lunch	washing for lunch	washing for lunch	washing for lunch	
11:30 LUNCH	11:30 LUNCH	11:30 LUNCH	11:30 LUNCH	11:30 LUNCH	11:30 LUNCH	11:30 LUNCH	
12:30	12:30	12:30	12:30	12:30	12:30	12:30	
Down Time	Down Time	Ari plays guitar and	Celebrate Jan	Down Time	Down Time	Down Time	
		sings with	Birthdays				
		residents -TV Room	AL Dining Room				
1:30	2:30	2:30	2:30	2:30	2:30	2:30	
Ice Cream Social	Cognitive Activity	Cognitive Activity	Cognitive Activity	Welcome to join us	Cognitive Activity	Cognitive Activity	
MU Dining Room	w/ caregivers	w/ caregivers	w/ caregivers	in Sunshine Room for music	w/ caregivers	w/ caregivers	
4:00-4:30	4:00-4:30	4:00-4:30	4:00-4:30	4:00	4:00-4:30	4:00-4:30	
Wash & prep for dinner	Wash & prep for	Wash & prep for	Wash & prep for				
2211 21 21 3 2 121 21111101	dinner	dinner	dinner	dinner	dinner	dinner	
4:30 DINNER	4:30 DINNER	4:30 DINNER	4:30 DINNER	4:30 DINNER	4:30 DINNER	4:30 DINNER	
After 5:30	After 5:30	After 5:30	After 5:30	After 5:30	After 5:30	After 5:30	
Dress for Bed	Dress for Bed	Dress for Bed	Dress for Bed	Dress for Bed	Dress for Bed	Dress for Bed	