Activities Calendar January 27 - February 2, 2025						
Monday, 27	TUESDAY, 28	WEDNESDAY, 29	THURSDAY, 30	FRIDAY, 31	SATURDAY, 01	SUNDAY, 02
7:30 Breakfast	7:30 Breakfast	7:30 Breakfast	7:30 Breakfast	7:30 Breakfast	7:30 Breakfast	7:30 Breakfast
9:00	9:00	9:00 Coffee Shop	9:00-11:00 Hair Salon	9:00 Inspire Your	9:30	9:00
Holocaust Memorial	Day of the Rattle Snake	Chinese New Year	9:00 National Yodel	Heart with Art Day	Residents meet in	Worship
Day	-Coffee Shop	Out with the old, in	Day – Coffee Shop	Coffee Shop	Coffee Shop	Chapel
In Remembrance	Learn why we love &	with the new!	Worlds' best yodelers	Appreciate how this	Listen to Music	+
	hate these reptiles	- B. A. M.		creative expression	0	<u> </u>
	4555			affects our lives		
		3712				
Coffee Shop					E PA	
10:00	9:45	10:00	9:30	10:00	Visit Activities	Today is
Zumba w/ Kathi	Movement w/	Zumba w/ Kathi	Ari the Therapy Dog	Zumba w/ Kathi	Center for books,	Groundhog
Exercise Room	Michelle	Exercise Room	(Room to Room visits)	Exercise Room	games, puzzles, &	Day!
	Exercise Room		10:00 Yoga w/ Jim		more!	
	0 000		Exercise Room			CPRIME?
			CORPORTED STATE			
			Light of			えば 事
44.001	44.001	44.001	11 201	44.001	44.001	11 201
11:30 Lunch	11:30 Lunch	11:30 Lunch	11:30 Lunch	11:30 Lunch	11:30 Lunch	11:30 Lunch
12:30-1:00	12:30 Cognitive Games	12:30	12:30	12:30	"The longer I live,	12:15
Ice Cream Social	- Coffee Shop	Hymns & Service	Jigsaw Puzzles	Painting on Canvas	the more	Documentary & Discussion
Dining Room	Keep your brain sharp! **Coffee Shop	(lovely piano music) Sunshine Room	Dining Room	Dining Room	beautiful life becomes."	w/ Joan
	Cojjee Shop	anishine koom	5 2 2 2 2 2	2:00 Opportunity Bus	~Frank Lloyd	Coffee Shop
	2:00- Dining Room	1:15		to grocery store	Wright	Cojjee Shop
	Meeting with Stephen,	Ari plays guitar &		2:30- Sunshine Rm	vvrigitt	
	head chef. Bring	sings	Listen to music, visit,	Sing-a-long with		
	suggestions & praises	Sunshine Room	& puzzle	Duane 🚮 🏖		
			So peaceful	V		
2:30-3:45	2:30 Movie Matinee	2:30	2:30	3:15		
Bingo	Drama	Corn Hole	12:30 Darts	1		
Dining Room	Opera legend, Maria					
BINGO	Callas, in her final days					1
13 29 38 51 • 4 20 32 • 65					Make sure you	
7 19 6 55 70				HAPPY HOUR		
		Europian Banna	Exercise Room	Drinks & chit chat	plenty of water!	Rest
10 34 46 72		Exercise Room	LACICISC NOOTT	6		
	Coffee Shop	Exercise Room	Excreise Noom	Sunshine Room		

М	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
BFST	CHOICE OF JUICE CHOICE OF CEREAL EGG: DANISH MILK	CHOICE OF JUICE CHOICE OF CEREAL CHEESE OMELET TOAST MARGARINE/JELLY MILK	CHOICE OF JUICE CHOICE OF CEREAL SCRAMBLED EGG W/ HAM & CHEESE TOAST MILK	CHOICE OF JUICE CHOICE OF CEREAL SAUSAGE PATTY FRENCH TOAST / SYRUP MILK	CHOICE OF JUICE CHOICE OF CEREAL SAUSAGE GRAVY BISCUIT MILK	CHOICE OF JUICE CHOICE OF CEREAL EGG: BACON TOAST MILK	CHOICE OF JUICE CHOICE OF CEREAL EGG: COFFEE CAKE MARGARINE/JELLY MILK
NOON	BAKED HAM AU GRATIN POTATOES VEGETABLE BLEND ROLL/MARG PIE MILK	CHICKEN CORDON BLEU GARLIC & HERB ROASTED POTATOES HARVARD BEETS ROLL/MARG ICE CREAM SOCIAL MILK	SPAGHETTI/ MEATSAUCE SEASONAL VEGETABLE GARLIC TOAST PUMPKIN DESSERT MILK	CREAMY BACON PORK LOIN BAKED YAM BUTTERED PEAS BREAD/MARG CHOCOLATE RICE KIRSPIES BAR MILK	SWISS STEAK W/ GRAVY BOILED POTATOES/MARG VEGETABLES BREAD/MARG PEANUT BUTTER BROWNIE MILK	SWEET & SOUR SHRIMP OVER RICE BROCCOLI FLORETS CAKE MILK	FRIED CHICKEN MASHED POTATOES CHICKEN GRAVY CORN BREAD/MARG COOKIE MILK
E V E	CORN DOG MAC & CHEESE GREEN BEANS BREAD/MARG APRICOTS MILK	TACO SOUP CHEESE QUESADILLA CHILLED FRUIT MILK	OPEN FACE TURKEY SANDWICH MASHED POTATOES GRAVY WINTER FRUIT CUP MILK	BEEF STEW TOSS SALAD/ DRESSING GARLIC BREAD PEARS MILK	CHICKEN 'N WAFFLES CARROTS BANANA BERRY CUP MILK	GRILLED BRAT SAUERKRAUT CURLY FIRES PEACHES MILK	TACO SALAD w/ TORTILLA ON SIDE SOUR CREAM AND SALSA DRESSING MANDARIN ORANGES MILK

Menus Approved By:

Notes:



08/18/24, 09/15/24, 10/13/24, 11/10/24, 12/08/24, 01/05/25, 02/02/25, 03/02/25, 03/02/25

ACTIVITIES CALENDAR MC January 27 – February 2						
MONDAY, 27	TUESDAY, 28	WEDNESDAY, 29	THURSDAY, 30	FRIDAY, 31	SATURDAY, 01	SUNDAY, 02
7:30 BREAKFAST	7:30 BREAKFAST	7:30 BREAKFAST	7:30 BREAKFAST	7:30 BREAKFAST	7:30 BREAKFAST	7:30 BREAKFAST
8:30	8:30	8:30	8:30 Hygiene, hair,	8:30	8:30	8:30
Hygiene, hair, & Oral	Hygiene, hair, &	Hygiene, hair, & Oral	& Oral Care	Hygiene, hair, &	Hygiene, hair, &	Hygiene, hair, &
Care	Oral Care	Care	Hair Salon 9-11	Oral Care	Oral Care	Oral Care
9:20	9:30	9:30	9:30	9:00	9:30	9:00
Caregivers gather	Watch old sitcoms	Morning Drinks &	Ari the Therapy Dog	Caregivers	Coffee, Tea, Hot	Welcome to
residents into Dining	From residents' era	Pastries	Visits	encourage & lead	Cocoa	attend service in
Room for exercise		Brought in		residents in	Old Classic Shows	chapel
9:30		_		movement		-
Movement w/ Kathi						
10:00	10:30	10:00	10:30	10:30	10:30	10:30
Watch Nature Shows	Sing-a-long w/	Welcome to join	Encourage	TLC w/ Andrea	Hand out	Help with Jigsaw
	Mentors	Zumba	Residents to color		Magazines/Books	Puzzles
	MU TV Room	AL Exercise Room				
11:00	11:00	11:00	11:00	11:00	11:00	11:00
Listen to Music while	Listen to Music while	Listen to Music while	Listen to Music	Listen to Music	Listen to Music	Listen to Music
toileting and washing	toileting and washing	toileting and washing	while toileting and	while toileting and	while toileting and	while toileting and
for lunch	for lunch	for lunch	washing for lunch	washing for lunch	washing for lunch	washing for lunch
11:30 LUNCH	11:30 LUNCH	11:30 LUNCH	11:30 LUNCH	11:30 LUNCH	11:30 LUNCH	11:30 LUNCH
12:30	12:30	12:30	12:30	12:30	12:30	12:30
Down Time	Down Time	Ari plays guitar and	Down Time	Down Time	Down Time	Down Time
		sings with residents				
4.4=		-TV Room		• • •		
1:15	2:30	2:30	2:30	2:30	2:30	2:30
Ice Cream Social	Cognitive Activity	Cognitive Activity w/	Cognitive Activity	Welcome to join us	Cognitive Activity	Cognitive Activity
MU Dining Room	w/ caregivers	caregivers	w/ caregivers	in Sunshine Room for music	w/ caregivers	w/ caregivers
4:00-4:30	4:00-4:30	4:00-4:30	4:00-4:30	4:00	4:00-4:30	4:00-4:30
Wash & prep for dinner	Wash & prep for	Wash & prep for	Wash & prep for	Wash & prep for	Wash & prep for	Wash & prep for
	dinner	dinner	dinner	dinner	dinner	dinner
4:30 DINNER	4:30 DINNER	4:30 DINNER	4:30 DINNER	4:30 DINNER	4:30 DINNER	4:30 DINNER
After 5:30	After 5:30	After 5:30	After 5:30	After 5:30	After 5:30	After 5:30
Dress for Bed	Dress for Bed	Dress for Bed	Dress for Bed	Dress for Bed	Dress for Bed	Dress for Bed