	Activities Calendar December 30, 2024 – January 5, 2025						
Monday, 30	TUESDAY, 31	WEDNESDAY, 01	THURSDAY, 02	FRIDAY, 03	SATURDAY, 04	SUNDAY, 05	
7:30 Breakfast	7:30 Breakfast	7:30 Breakfast	7:30 Breakfast	7:30 Breakfast	7:30 Breakfast	7:30 Breakfast	
9:00	9:00		9:00-11:00 Hair Salon	9:00	9:30	9:00	
Resolution Day	New Year Eve's		9:00 Coffee Shop	Guess the Object	Residents meet in	Worship	
Talk about goals for	History & Time Square	HAPPY	Motivation &	Coffee Shop	Coffee Shop	Chapel	
2025	Party fun facts	NEWYEAD	Inspiration Day		Listen to Music	<u> </u>	
Coffee Shop	DIT 13. Notes *		25 most influential		Q		
	Near's	AN ALL	people in history				
GOAL	Eve ?	(HOZIV SLAN (SER))					
12.5	1 * Tanan						
	Coffee Shop						
10:00	9:45	Today is the first page	9:30	10:00	Puzzles are in the	Walk the hall	
Zumba w/ Kathi	Movement w/	of a 365-page book.	Ari the Therapy Dog	Zumba w/ Kathi	Activities Center	for exercise.	
Exercise Room	Michelle	Write a good one!	(Room to Room visits)	Exercise Room	cabinet. Help	Your body &	
	Was had		10:00 Yoga w/ Jim		yourself.	mind will	
			Exercise Room		3033	thank you.	
			STREET STREET				
	Exercise Room		CARLE OF			P	
11:30 Lunch	11:30 Lunch	11:30 Lunch	11:30 Lunch	11:30 Lunch	11:30 Lunch	11:30 Lunch	
12:30	12:30	1:15	12:30	1:00	"Aging is not lost	12:15	
Ice Cream Social	Meet with Stephen,	Ari plays guitar & sings	Winter Art Project	Meet Willow, our	youth but a new	Documentary	
Dining Room	head chef	Sunshine Room	900	new therapy dog	stage of	& Discussion	
	Bring kind	#	NAME OF THE PARTY	Sunshine Room	opportunity and	w/ Joan	
	suggestions &	8 (3)		2:00 Opportunity	strength."	Coffee Shop	
	thoughtful feedback			Bus to store	- Betty Friedan		
	regarding meals	100	Section 1997	2:30			
	Exercise Room		Dining Room	Sing-a-long with	7		
				Duane	4 4 11		
2:30	2:00 Dining Room	Movie Matinee	2:30	3:15			
Bingo	New Year's Eve Party	The Six Triple Eight	Corn Hole Exercise Room	Happy Hour	1. 4	0 111	
Dining Room	A bit early, but come	Beautiful WWII Film	LACICISE NUUIII			Mary 1	
	ring in the New Year	about black women &	-		THE PARTY OF THE P		
B	with friends!	their efforts to	2007	Come down for a			
150 m 100 m		address backlog mail		drink & chit chat		Rest	
	930	Coffee Shop		Sunshine Room			
4:30 Dinner	4:30 Dinner	4:30 Dinner	4:30 Dinner	4:30 Dinner	4:30 Dinner	4:30 Dinner	

М	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
BFST	CHOICE OF JUICE CHOICE OF CEREAL EGG: DANISH MILK	CHOICE OF JUICE CHOICE OF CEREAL CHEESE OMELET TOAST MARGARINE/JELLY MILK	CHOICE OF JUICE CHOICE OF CEREAL SCRAMBLED EGG W/ HAM & CHEESE TOAST MILK	CHOICE OF JUICE CHOICE OF CEREAL SAUSAGE PATTY FRENCH TOAST / SYRUP MILK	CHOICE OF JUICE CHOICE OF CEREAL SAUSAGE GRAVY BISCUIT MILK	CHOICE OF JUICE CHOICE OF CEREAL EGG: BACON TOAST MILK	CHOICE OF JUICE CHOICE OF CEREAL EGG: COFFEE CAKE MARGARINE/JELLY MILK
NOON	BAKED HAM AU GRATIN POTATOES VEGETABLE BLEND ROLL/MARG PIE MILK	CHICKEN CORDON BLEU GARLIC & HERB ROASTED POTATOES HARVARD BEETS ROLL/MARG ICE CREAM SOCIAL MILK	SPAGHETTI/ MEATSAUCE SEASONAL VEGETABLE GARLIC TOAST PUMPKIN DESSERT MILK	CREAMY BACON PORK LOIN BAKED YAM BUTTERED PEAS BREAD/MARG CHOCOLATE RICE KIRSPIES BAR MILK	SWISS STEAK W/ GRAVY BOILED POTATOES/MARG VEGETABLES BREAD/MARG PEANUT BUTTER BROWNIE MILK	SWEET & SOUR SHRIMP OVER RICE BROCCOLI FLORETS CAKE MILK	FRIED CHICKEN MASHED POTATOES CHICKEN GRAVY CORN BREAD/MARG COOKIE MILK
E V E	CORN DOG MAC & CHEESE GREEN BEANS BREAD/MARG APRICOTS MILK	TACO SOUP CHEESE QUESADILLA CHILLED FRUIT MILK	OPEN FACE TURKEY SANDWICH MASHED POTATOES GRAVY WINTER FRUIT CUP MILK	BEEF STEW TOSS SALAD/ DRESSING GARLIC BREAD PEARS MILK	CHICKEN 'N WAFFLES CARROTS BANANA BERRY CUP MILK	GRILLED BRAT SAUERKRAUT CURLY FIRES PEACHES MILK	TACO SALAD w/ TORTILLA ON SIDE SOUR CREAM AND SALSA DRESSING MANDARIN ORANGES MILK

Menus Approved By:

Notes:



08/18/24, 09/15/24, 10/13/24, 11/10/24, 12/08/24, 01/05/25, 02/02/25, 03/02/25, 03/02/25

ACTIVITIES CALENDAR MC December 30-January 5							
MONDAY, 30	TUESDAY, 31	WEDNESDAY, 01	THURSDAY, 02	FRIDAY, 03	SATURDAY, 04	SUNDAY, 05	
7:30 BREAKFAST	7:30 BREAKFAST	7:30 BREAKFAST	7:30 BREAKFAST	7:30 BREAKFAST	7:30 BREAKFAST	7:30 BREAKFAST	
8:30	8:30	8:30	8:30	8:30	8:30	8:30	
Hygiene, hair, & Oral	Hygiene, hair, &	Hygiene, hair, &	Hygiene, hair, &	Hygiene, hair, &	Hygiene, hair, &	Hygiene, hair, &	
Care	Oral Care	Oral Care	Oral Care	Oral Care	Oral Care	Oral Care	
9:20	9:30		9:30	9:00	9:30	9:00	
Caregivers gather	Watch old sitcoms		Caregivers	Caregivers	Coffee, Tea, Hot	Welcome to	
residents into Dining	I Love Lucy	and a E	encourage & lead	encourage & lead	Cocoa	attend service in	
Room for exercise	Andy Griffith	GFS2019.COM	residents in	residents in	Old Classic Shows	chapel	
9:30		Happy New Year	movement	movement			
Movement w/ Kathi							
10:00	10:00 Welcome to	10:00	10:00	10:30	10:30	10:30	
Watch Nature Shows	join Movement w/	Watch Our Oceans	Welcome to join	Art w/ Andrea	Hand out	Help with Jigsaw	
	Michelle	On Netflix	Yoga		Magazines/Books	Puzzles	
	AL Exercise Room		AL Exercise Room				
11:00	11:00	11:00	11:00	11:00	11:00	11:00	
Listen to Music while	Listen to Music while	Listen to Music while	Listen to Music while	Listen to Music	Listen to Music	Listen to Music	
toileting and washing	toileting and washing	toileting and washing	toileting and washing	while toileting and	while toileting and	while toileting and	
for lunch	for lunch	for lunch	for lunch	washing for lunch	washing for lunch	washing for lunch	
11:30 LUNCH	11:30 LUNCH	11:30 LUNCH	11:30 LUNCH	11:30 LUNCH	11:30 LUNCH	11:30 LUNCH	
12:30	12:30	12:30	12:30	12:30	12:30	12:30	
Down Time	Down Time	Ari plays guitar and	Down Time	Down Time	Down Time	Down Time	
		sings with					
		residents -TV Room					
1:30	2:00	2:30	2:30	2:30	2:30	2:30	
Ice Cream Social	Christmas Eve	Cognitive Activity	Cognitive Activity	Welcome to join us	Cognitive Activity	Cognitive Activity	
MU Dining Room	Party	w/ caregivers	w/ caregivers	in Sunshine Room	w/ caregivers	w/ caregivers	
	AL Dining Room			for music			
4:00-4:30	4:00-4:30	4:00-4:30	4:00-4:30	4:00	4:00-4:30	4:00-4:30	
Wash & prep for dinner	Wash & prep for	Wash & prep for	Wash & prep for	Wash & prep for	Wash & prep for	Wash & prep for	
	dinner	dinner	dinner	dinner	dinner	dinner	
4:30 DINNER	4:30 DINNER	4:30 DINNER	4:30 DINNER	4:30 DINNER	4:30 DINNER	4:30 DINNER	
After 5:30	After 5:30	After 5:30	After 5:30	After 5:30	After 5:30	After 5:30	
Dress for Bed	Dress for Bed	Dress for Bed	Dress for Bed	Dress for Bed	Dress for Bed	Dress for Bed	