	ACTIVITIES CALENDAR October 7-13							
Monday, 07	TUESDAY, 08	WEDNESDAY, 09	THURSDAY, 10	FRIDAY, 11	SATURDAY, 12	SUNDAY, 13		
7:30 Breakfast	7:30 Breakfast	7:30 Breakfast	7:30 Breakfast	7:30 Breakfast	7:30 Breakfast	7:30 Breakfast		
Hydration Station	Hydration Station	Hydration Station	Hair Salon	Hydration Station	Drink Water!	Count your		
open 9:00-4:30	open 9:00-4:30	opens 9:00-4:30	8:30-11:00	opens 9:00-4:30	0	Blessings!		
9:00	9:00	9:00	9:00	9:00	9:00	8:30		
"World Architecture	"World Octopus Day"	"US Geography Trivia"	"History of the Witch"	"Have you ever"	Bring your	Worship		
Day"	Bring your beverage	Bring your beverage to	Bring your beverage to	Bring your	beverage to	Chapel		
Bring your beverage	to coffee shop, learn	coffee shop	coffee shop	beverage to coffee	coffee shop	<u> </u>		
to coffee shop, see	about the smartest			shop, discover	where residents			
some of the world's	sea creature		77-3	commonalities	gather & listen to			
best Architecture			MAP		classical music			
10:00	9:45	10:00	10:00	10:00	Sign up for lunch	Visit Activities		
Zumba w/ Kathi	Movement	Zumba w/ Kathi	Chair Yoga w/ Jim	Zumba w/ Kathi	at Serious Texas	Center		
Exercise Room	w/ Michelle	Exercise Room	Exercis <mark>e</mark> Room	Exercise Room	Bar B Q			
with the	Exercise Room	le blu		le bi	(the sheet is on	Total of Total		
	NO.				the Activities			
					Table in dining			
	1 1 1	10:15 TLC w/ Andrea in		10:30 TLC w/	Room)			
10:15 TLC w/		MCU	1 0:30 TLC w/ Andrea	Margaret	Lunch on the 16 th			
Margaret in MCU	10:30 Mentors Visit MC		in MCU	in MCU				
11:30 Lunch	11:30 Lunch	11:30 Lunch	11:30 Lunch	11:30 Lunch	11:30 Lunch	11:30 Lunch		
12:30	1:00	12:30	12:30	1:00	Wrinkles merely	12:15		
Ice Cream Social	Group Cross Word	Hymns & Versus	October Birthdays	Mocha the Therapy	indicate where	Documentaries		
Dining Room	Exercise Room	Sunshine Room	Celebration	🕵 Dog & Guitar 🥻	smiles have been	& Discussions		
			Dining Room	Sunshine Room		w/ Joan		
Mill		1:30	Beverly, Shirley, Judy D.,		100	Coffee Shop		
	1:15	Jigsaw Puzzles	Jan, Elaine	2:30				
	Winston visits	Dining Room	Trishaw Bike Rides	Banjo/Sing-a-long				
	Sunshine Room		1:30 Mary Jo & Margarite	w/ Duane		THE PAT		
2:00-3:30	3:00	3:30	2:00 Gerry & Inge	2,15		Rest		
2:00-3:30 BINGO	Resident Council	Trio of Singers	2:45 Art Project	3:15 Happy Hour		nest		
Dining Room	Meeting	Sunshine Room	"Autumn	Come down for a				
	Come share your	Suuşinne Room	Auturnin Leaves" Leaves and the second of t	drink & chit chat				
	concerns & praises		Dining Room	Sunshine Room				
	Exercise Room		Diffing Nooth	Sunsinie Rouni				
Cowboy Grub	4:30 Dinner	4:30 Dinner	4:30 Dinner	4:30 Dinner	4:30 Dinner	4:30 Dinner		

	Week 4 negatiat/14A6						
M	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
B F S T	CHOICE OF JUICE CHOICE OF CEREAL EGG: SWEET ROLL MILK	CHOICE OF JUICE CHOICE OF CEREAL EGG: BANANA BREAD MARGARINE/JELLY MILK	CHOICE OF JUICE CHOICE OF CEREAL SAUSAGE PATTY WAFFLES MAPLE SYRUP MILK	CHOICE OF JUICE CHOICE OF CEREAL SAUSAGE GRAVY BISCUIT MILK	CHOICE OF JUICE CHOICE OF CEREAL EGG: BACON TOAST MARGARINE/JELLY MILK	CHOICE OF JUICE CHOICE OF CEREAL SAUSAGE LINK FRENCH TOAST / SYRUP MILK	CHOICE OF JUICE CHOICE OF CEREAL EGG: DONUT HOLES MILK
N O O N	FRIED CHICKEN MASHED POTATOES CHICKEN GRAVY CASCADE BLEND VEGETABLES ROLL/MARG PIE MILK	CHICKEN ALFREDO CARROTS GARLIC TOAST DESSERT IS ICE CREAM SOCIAL! MILK	BRUNCH ENTREE FEATURE SEASONED BREAKFAST POTATOES FRUIT APRICOT CRUMB BAR MILK	TURKEY PASTA SALAD TOMATO SLICES BREADSTICK CHEESECAKE MILK	SMOTHERED CUBE STEAK MASHED POTATOES BUTTERED PEAS BREAD/MARG FLUFFY STRAWBERRY DESSERT MILK	SHRIMP & CHIPS BROCCOLI W/ CHEESE CORNBREAD/MARG SEASONAL FRESH FRUIT MILK	SHEPHERDS PIE GREEN BEANS BREAD/MARG SHERBET MILK
E V E	CORN DOG MACARONI & CHEESE BAKED BEANS SEASONAL FRESH FRUIT MILK	OPEN FACE HOT BEEF SANDWICH MASHED POTATOES CREAMY COLESLAW MANDARIN ORANGES MILK	SUMMER CHICKEN TORTELLINI SOUP CRACKERS CHOPPED SALAD/DRESSING BREADSTICK BANANA BERRY CUP MILK	BRATWURST ON BUN TATER TOTS CORN MIXED FRUIT MILK	FRIED CHICKEN DRUMSTICK PASTA SALAD CUCUMBER SALAD GARLIC TOAST PEARS MILK	BEEF ENCHILADA SEASONAL VEGETABLE BREAD/MARG BUTTERSCOTCH BROWNIE MILK	DELI SANDWICH POTATO CHIPS PEACHES CAKE ROLL MILK
H S	CHOICE OF SNACK	CHOICE OF SNACK	CHOICE OF SNACK	CHOICE OF SNACK	CHOICE OF SNACK	CHOICE OF SNACK	CHOICE OF SNACK

Menus Approved By:



05/05/24, 06/09/24, 07/14/24, 08/18/24, 09/22/24

Notes:

MC ACTIVITIES CALENDAR October 7-13

MONDAY, 07	TUESDAY, 08	WEDNESDAY, 09	THURSDAY, 10	FRIDAY, 11	SATURDAY, 12	SUNDAY, 13
7:30 BREAKFAST	7:30 BREAKFAST	7:30 BREAKFAST	7:30 BREAKFAST	7:30 BREAKFAST	7:30 BREAKFAST	7:30 BREAKFAST
8:30	8:30	8:30	8:30	8:30	8:30	8:30
Hygiene, hair, &	Hygiene, hair, &	Hygiene, hair, & Oral	Hair Salon	Hygiene, hair, &	Hygiene, hair, &	Hygiene, hair, &
Oral Care	Oral Care	Care	8:30-11:00	Oral Care	Oral Care	Oral Care
9:20	9:30	9:00	9:30	9:00	9:30	8:30
Gather in fish room	Movement w/	Volunteer, Eric	Coloring Time	Volunteer, Eric	Coffee, Tea, Hot	Welcome to
for exercise	Caregivers	Walking Residents	TV Room	Walking Residents	Cocoa	attend service in
9:30		9:30		10:00	Nature videos	chapel
Movement w/ Kathi		Pastries delivered				
10:15	10:30	10:15	10:30	10:30	10:30	10:30
TLC w/ Margaret	Mentors Visit	TLC w/ Andrea	TLC w/ Andrea	TLC w/ Andrea	Enjoy the patios	Enjoy the patios
	Sing-a-long		·			
	TV Room					
11:00	11:00	11:00	11:00	11:00	11:00	11:00
Listen to Music	Listen to Music	Listen to Music while	Listen to Music	Listen to Music	Listen to Music	Listen to Music
while toileting and	while toileting and	toileting and washing	while toileting and	while toileting and	while toileting and	while toileting and
washing for lunch	washing for lunch	for lunch	washing for lunch	washing for lunch	washing for lunch	washing for lunch
11:30 LUNCH	11:30 LUNCH	11:30 LUNCH	11:30 LUNCH	11:30 LUNCH	11:30 LUNCH	11:30 LUNCH
12:30	12:30	12:30 Welcome to	12:30 Birthday	1:00	12:30	12:30
Down Time	Down Time	join hymns –	Celebrations	Welcome to join	Down Time	Down Time
	1:30	Sunshine Room	AL Dining Room	us for music &		
	Winston Visits	1:00 Welcome to	Trishaw bike rides:	Therapy Dog,		
		join Jigsaw Puzzles	Suzie 1:30 Mary	Mocha		
		AL Dining Room	Joe	Sunshine Room		
3:30	2:30	2:30	2:30	2:30	2:30	2:30
Ice Cream Social	Cognitive Activity	Cognitive Activity w/	Cognitive Activity	Welcome to join us	Cognitive	Cognitive Activity
w/ Margaret	w/ caregivers	caregivers	w/ caregivers	in Sunshine Room for music	Activity w/	w/ caregivers
MC Dining Room					caregivers	
4:00-4:30	4:00-4:30	3:30	4:00-4:30	4:00	4:00-4:30	4:00-4:30
Wash & prep for	Wash & prep for	Welcome to Join Trio	Wash & prep for	Wash & prep for	Wash & prep for	Wash & prep for
dinner	dinner	of Singers – Sunshine	dinner	dinner	dinner	dinner
4:30 DINNER	4:30 DINNER	4:30 DINNER	4:30 DINNER	4:30 DINNER	4:30 DINNER	4:30 DINNER
After 5:30	After 5:30	After 5:30	After 5:30	After 5:30	After 5:30	After 5:30
Dress for Bed	Dress for Bed	Dress for Bed	Dress for Bed	Dress for Bed	Dress for Bed	Dress for Bed