## ACTIVITIES CALENDAR NOVEMBER 18-24

Monday, 18	TUESDAY, 19	WEDNESDAY, 20	THURSDAY, 21	FRIDAY, 22	SATURDAY, 23	SUNDAY, 24		
7:30 Breakfast	7:30 Breakfast	7:30 Breakfast	7:30 Breakfast	7:30 Breakfast	7:30 Breakfast	7:30 Breakfast		
9:00	9:00	9:00	9-11 Hair Salon	9:00	9:30	9:00		
"Mickey & Minnie	"Name that Tune"	"National Child's Day"	<b>9:00</b> :	Gather to watch	Residents meet in	Worship		
Birthday"	Let's explore music -	Meet for pastries and	"Thanksgiving Trivia"	old dance videos	Coffee Shop	Chapel		
Showing a short	coffee shop	comedic kid videos	Coffee Shop	Coffee Shop	Listen to Messiah,	<u> </u>		
history of Walt	-0-0		A Marie		Christmas Music			
Disney - Coffee Shop			THANKSGIVING	7				
468			TRIVIA 🛪					
		Coffee Shop	9:15 Auri visits					
N/G								
10:00	9:45	10:00	10:00	10:00	"What you do	Visit Activities		
Zumba w/ Kathi	Movement w/	Zumba w/ Kathi	Yoga w/ Jim	Zumba w/ Kathi	today, can improve	Center		
Exercise Room	Michelle	Exercise Room	Exercise Room	Exercise Room	all your			
STA STA	Exercise Room	10:00-11:30	<b>3</b>	4 D 5	tomorrows."	TOTAL STATE OF THE PARTY OF THE		
2000		Durango Library			~Ralph Marston			
		Come check out all	10:30	S +340	£2123			
		they have to offer	TLC w/ Andrea MCU	<b>10:30</b> TLC w/ Andrea		•		
	10:30 Mentors Visit MC	Sunshine Room	TEC W/ / marca ivico	in MCU	1 10			
11:30 Lunch	Meal of the Month	11:30 Lunch	11:30 Lunch	11:30 Lunch	11:30 Lunch	11:30 Lunch		
12:30	12:30 Giant Jenga	12:30	12:30	12:30	Stay busy with the	12:15		
Ice Cream Social		Hymns & Versus	Wheel of Fortune	Cornhole	books, puzzles, &	Documentary		
Dining Room		Sunshine Room	Puzzle Game	Exercise Room 🦅	•	& Discussion		
	Exercise Room	1:30	Coffee Shop	2:30	the "Activities	w/ Joan		
	1:15	Guitar & Singing w/		Banjo/Sing-a-long	Center"	Coffee Shop		
	Winston Visits	Auri	FOLTUNE	w/ Duane 🙏				
	Sunshine Room	Sunshine Room						
2:00-3:30	2:30	4:00	2:00	3:15				
BINGO	Darts!	Choir Group	Movie	Happy Hour				
Dining Room	Exercise Room	(CSPEO)	Holiday Inn: 1942					
		Dining Room	seasonal classic starring	I TO THE TOTAL PROPERTY OF THE PARTY OF THE		3		
4 8 37 17			Bing Crosby, Fred	Come down for a				
8 3 51 67 3 40 41 72			Astaire, Marjorie Reynolds, & Virginia	drink & chit chat				
12 32 57 65		.W.W.	Dale – Coffee Shop	Sunshine Room				
4.20 5:	4.20 5:	4 20 5'	,	4 20 5'	4 20 5'	4.20 5:		
4:30 Dinner	4:30 Dinner	4:30 Dinner	4:30 Dinner	4:30 Dinner	4:30 Dinner	4:30 Dinner		

M	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
BFST	CHOICE OF JUICE CHOICE OF CEREAL EGG: CINNAMON COFFEE CAKE MILK	CHOICE OF JUICE CHOICE OF CEREAL SCRAMBLED EGG W/ HAM & CHEESE TOAST MARGARINE/JELLY MILK	CHOICE OF JUICE CHOICE OF CEREAL SAUSAGE PATTY PANCAKES MAPLE SYRUP MILK	CHOICE OF JUICE CHOICE OF CEREAL EGG: TOAST MARGARINE/JELLY MILK	CHOICE OF JUICE CHOICE OF CEREAL EGG: TOAST MARGARINE/JELLY MILK	CHOICE OF JUICE BREAKFAST TACO WITH BACON, CHEESE AND EGGS MILK	CHOICE OF JUICE CHOICE OF CEREAL SCRAMBLED EGG WITH CHEESE HASHBROWNS TOAST MARGARINE/JELLY MILK
NOON	COUNTRY FRIED STEAK MASHED POTATOES COUNTRY GRAVY VEGETABLES ROLL/MARG PIE MILK	BBQ TURKEY PLATTER CHEESY CORN CREAMY COLESLAW CORNBREAD FROSTED CAKE MILK	MEAL OF THE MONTH! SCALLOPS SEASONED YELLOW SQUASH MIXED TOSSED SALAD CHOCOLATE CHEESECAKE MILK	RIBLETS BBQ BAKED POTATO/MARG MIXED VEGETABLES BROWNIE MILK	CHICKEN CORDON BLEU BAKED YAM GREEN BEANS BREAD/MARG SMORES PUDDING MILK	CATCH OF THE DAY FRIED POTATOES BREAD/MARG FRUIT & JELLO MILK	BAKED HAM SCALLOPED POTATOES CARROTS ROLL/MARG COOKIE MILK
E V E	COBB SALAD WITH RANCH DRESSING WINTER FRUIT CUP MILK	CHICKEN & RICE CASSEROLE MAPLE SQUASH BANANA BERRY CUP MILK	SMOKED SAUSAGE SCALLOPED POTATOES VEGETABLE BLEND BREAD/MARG PEARS MILK	TERIYAKI BEEF NOODLE BOWL BROCCOLI FLORETS SESAME BREADSTICK MANDARIN ORANGES MILK	SLOPPY JOE TATER TOTS PEACHES ICE CREAM MILK	CHICKEN CLUB SALAD SALAD DRESSING OF CHOICE BREAD/MARG CHEESECAKE FLUFF MILK	LASAGNA BUTTERED PEAS GARLIC TOAST APRICOTS MILK

Menus Approved By:

Notes:



09/01/24, 09/29/24, 10/27/24, 11/24/24, 12/22/24, 01/19/25, 02/16/25, 03/16/25, 04/13/25

## **MC ACTIVITIES CALENDAR November 18-24**

MONDAY, 18	TUESDAY, 19	WEDNESDAY,20	THURSDAY, 21	FRIDAY, 22	SATURDAY, 23	SUNDAY, 24
7:30 BREAKFAST	7:30 BREAKFAST	7:30 BREAKFAST	7:30 BREAKFAST	7:30 BREAKFAST	7:30 BREAKFAST	7:30 BREAKFAST
8:30	8:30	8:30	8:30	8:30	8:30	8:30
Hygiene, hair, & Oral	Hygiene, hair, &	Hygiene, hair, &	Hair Salon	Hygiene, hair, &	Hygiene, hair, &	Hygiene, hair, &
Care	Oral Care	Oral Care	8:30-11:00	Oral Care	Oral Care	Oral Care
9:20	9:30	9:00	9:30	9:00	9:30	9:00
Caregivers gather	Movement w/	Volunteer, Eric	Coloring Time	Volunteer, Eric	Coffee, Tea, Hot	Welcome to
residents into Dining	Caregivers	<b>Walking Residents</b>	TV Room	<b>Walking Residents</b>	Cocoa	attend service in
Room for exercise		9:30			Old Classic Shows	chapel
9:30		Pastries brought in				
Movement w/ Kathi						
10:00	10:30	9:30	10:30	10:30	10:30	10:30
Watch Nature Shows	Mentors Visit	Durango Library	TLC w/ Andrea	TLC w/ Andrea	Hand out	Help with Jigsaw
	Sing-a-long	Visits			Magazines/Books	Puzzles
	TV Room			•		
11:00	11:00	11:00	11:00	11:00	11:00	11:00
Listen to Music while	Listen to Music while	Listen to Music while	Listen to Music while	Listen to Music	Listen to Music	Listen to Music
toileting and washing	toileting and washing	toileting and washing	toileting and washing	while toileting and	while toileting and	while toileting and
for lunch	for lunch	for lunch	for lunch	washing for lunch	washing for lunch	washing for lunch
11:30 LUNCH	11:30 LUNCH	11:30 LUNCH	11:30 LUNCH	11:30 LUNCH	11:30 LUNCH	11:30 LUNCH
12:30	12:30	12:30	12:30	1:00	12:30	12:30
Down Time	Down Time	Auri plays guitar &	Down Time	Welcome to join us	Down Time	Down Time
	1:45	sings		for music & Therapy Dog, Mocha		
	Winston Therapy	TV Room		Sunshine Room		
	Dog Visits					
1:30	2:30	2:00	2:30	2:30	2:30	2:30
Ice Cream Social	Cognitive Activity	Welcome to join-	Cognitive Activity	Welcome to join us	Cognitive Activity	Cognitive Activity
MU Dining Room	w/ caregivers	Adam Swanson	w/ caregivers	in Sunshine Room	w/ caregivers	w/ caregivers
		Pianist		for music		
		Sunshine Room				
4:00-4:30	4:00-4:30	4:00-4:30	4:00-4:30	4:00	4:00-4:30	4:00-4:30
Wash & prep for dinner	Wash & prep for	Wash & prep for	Wash & prep for	Wash & prep for	Wash & prep for	Wash & prep for
	dinner	dinner	dinner	dinner	dinner	dinner
4:30 DINNER	4:30 DINNER	4:30 DINNER	4:30 DINNER	4:30 DINNER	4:30 DINNER	4:30 DINNER
After 5:30	After 5:30	After 5:30	After 5:30	After 5:30	After 5:30	After 5:30
Dress for Bed	Dress for Bed	Dress for Bed	Dress for Bed	Dress for Bed	Dress for Bed	Dress for Bed