ACTIVITIES CALENDAR NOVEMBER 11-17

Monday, 11	TUESDAY, 12	WEDNESDAY, 13	THURSDAY, 14	FRIDAY, 15	SATURDAY, 16	SUNDAY, 17		
7:30 Breakfast	7:30 Breakfast	7:30 Breakfast	7:30 Breakfast	7:30 Breakfast	7:30 Breakfast	7:30 Breakfast		
9:00	9:00	9:00	9-11 Hair Salon	9:00 "Day of the	Walking the halls	9:00		
"Veteran's Day"	"Riddles"	"World Kindness Day"	9:00 :	Imprisoned	is great exercise!	Worship		
Showing a short	Let's laugh & solve	Meet for pastries and	"This Day in History"	Writer"		Chapel		
history of the	riddles - coffee shop	heartwarming stories	What happened	300000000		*		
holiday - Coffee Shop	????	of kindness	today? – Coffee Shop	Learn about	(a)			
Thank You	,	Coffee		its origins & how it				
Meterans		Shop Shop	THESTORY	combats censorship				
*			9:15 Auri visits	Coffee Shop				
10.00	0.45	40.00	Sunshine Room	10.00	D Ib .	Mair Asti Miss		
10:00	9:45	10:00	10:00	10:00	Breathe	Visit Activities		
Zumba w/ Kathi Exercise Room	Movement w/ Michelle	Zumba w/ Kathi Exercise Room	Yoga w/ Jim Exercise Room	Zumba w/ Kathi Exercise Room	We are all going to be okay. We've	Center		
EXERCISE NOUTH	Exercise Room	Exercise Room	Exercise Room	Exercise Nooni	gotten through so			
1344	LXEICISE NOOTII	4 D bi			many things in life	CONTROL OF THE PARTY OF THE PAR		
10:50	6.0	The second			so far.			
Guitar & Singing w/			10:30		30 1411			
Auri		10:30 TLC w/ Andrea in	TLC w/ Andrea MCU	10:30 TLC w/ Andrea				
Dining Room	10:30 Mentors Visit MC	MCU		in MCU				
11:30 Lunch	11:30 Lunch	11:30 Lunch	11:30 Lunch	11:30 Lunch	11:30 Lunch	11:30 Lunch		
12:30	1:00: "Guess in 10"	12:30	12:30	1:00	Stay busy with the	12:15		
Ice Cream Social	Fun game that tests	Hymns & Versus	November Birthday	Mocha the Therapy	books, puzzles, &	Documentary		
Dining Room	your knowledge of		Celebrations	Dog & Guitar 🧪	other activities in	& Discussion		
	countries		Mark S., Joe R.,	Sunshine Room	the "Activities	w/ Joan		
	Exercise Room	M R M	Linda L., Marge W	2:30	Center"	Coffee Shop		
	1:15 Winston Visits	Sunshine Room	Dining Room	Banjo/Sing-a-long				
200000	Sunshine Room			w/ Duane				
2:00-3:30	2:30	2:00- Adam Swanson	2:00	3:15				
BINGO	Resident Council Meeting	Sunshine Room	Corn Hole Exercise Room	Happy Hour				
Dining Room	A time to discuss	3:00	EXELCISE KUUIII					
(SINGO)	concerns, questions,	Holiday Card Making		Come down for a	The same of			
4 8 37 17 8 3 51 67	& provide feedback	With our friends from		drink & chit chat				
3 40 41 72 12 32 57 65	S. p. o r. a c recapació	Durango High School		Sunshine Room	The Server	Rest		
12 32 37 00		Dining Room			35.6. 10.3	X: 11		
4:30 Dinner	4:30 Dinner	4:30 Dinner	4:30 Dinner	4:30 Dinner	4:30 Dinner	4:30 Dinner		

М	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
B F S T	CHOICE OF JUICE CHOICE OF CEREAL EGG: MINI DONUTS MILK	CHOICE OF JUICE CHOICE OF CEREAL SAUSAGE LINK WAFFLES WITH SYRUP MILK	CHOICE OF JUICE CHOICE OF CEREAL EGG: TOAST MARGARINE/JELLY MILK	CHOICE OF JUICE CHOICE OF CEREAL SCRAMBLED EGG PANCAKES MAPLE SYRUP MILK	CHOICE OF JUICE CHOICE OF CEREAL SAUSAGE GRAVY BISCUIT MILK	CHOICE OF JUICE CHOICE OF CEREAL EGG: BACON TOAST MARGARINE/JELLY MILK	CHOICE OF JUICE CHOICE OF CEREAL WAFFLES, SYRUP & SAUSAGE MARGARINE/JELLY MILK
NOON	ROAST TURKEY STUFFING GRAVY CARROTS ROLL/MARG PIE MILK	MEATLOAF SCALLOPED POTATOES SQUASH BREAD/MARG ICE CREAM SOCIAL MILK	REUBEN SANDWICH GERMAN POTATO SALAD GREEN BEANS CHOCOLATE CAKE MILK	CHICKEN PARM ALFREDO SCANDINAVIAN VEGETABLES GARLIC TOAST FROSTED PEANUT BUTTER BARS MILK	BEEF POT ROAST MASHED POTATOES CARROTS ROCKY ROAD PUDDING MILK	TUNA SANDWICH COLESLAW CHIPS BREAD/MARG BUTTERSCOTCH APPLE CAKE MILK	BBQ RIBS SOUR CREAM MASHED POTATOES BUTTERED PEAS BREAD/MARG CAKE ROLL MILK
E V E	DIJON HOT HAM & CHEESE SANDWICH ON SOURDOUGH POTATO CHIPS PEARS	GOULASH TOSS SALAD/ DRESSING GARLIC TOAST CHILLED FRUIT MILK	LOADED CHICKEN TACO CORN BANANA HALF MILK	BBQ PORK SANDWICH FRENCH FRIES MANDARIN ORANGES MILK	CABBAGE, SAUSAGE & POTATO SOUP CRACKERS CORNBREAD TOSS SALAD/ DRESSING PEACHES MILK	CHEESY VEGGIE SOUP WITH CORNBREAD APRICOTS MILK	CHICKEN POT PIE CASSEROLE BISCUIT PEAS APPLESAUCE MILK

Menus Approved By:

Notes:



08/25/24, 09/22/24, 10/20/24, 11/17/24, 12/15/24, 01/12/25, 02/09/25, 03/09/25, 04/06/25

MC ACTIVITIES CALENDAR November 11-17

MONDAY, 11	TUESDAY, 12	WEDNESDAY, 13	THURSDAY, 14	FRIDAY, 15	SATURDAY, 16	SUNDAY, 17
7:30 BREAKFAST	7:30 BREAKFAST	7:30 BREAKFAST	7:30 BREAKFAST	7:30 BREAKFAST	7:30 BREAKFAST	7:30 BREAKFAST
8:30	8:30	8:30	8:30	8:30	8:30	8:30
Hygiene, hair, & Oral	Hygiene, hair, &	Hygiene, hair, &	Hair Salon	Hygiene, hair, &	Hygiene, hair, &	Hygiene, hair, &
Care	Oral Care	Oral Care	8:30-11:00	Oral Care	Oral Care	Oral Care
9:20	9:30	9:00	9:30	9:00	9:30	9:00
Caregivers gather	Movement w/	Volunteer, Eric	Coloring Time	Volunteer, Eric	Coffee, Tea, Hot	Welcome to
residents into Dining	Caregivers	Walking Residents	TV Room	Walking Residents	Cocoa	attend service in
Room for exercise		9:30			Nature videos	chapel
9:30		Pastries brought in				
Movement w/ Kathi						
10:00	10:30	10:30	10:30	10:30	10:30	10:30
Auri plays guitar &	Mentors Visit	TLC w/ Andrea	TLC w/ Andrea	TLC w/ Andrea	Hand out	Help with Jigsaw
sings	Sing-a-long				Magazines/Books	Puzzles
TV Room	TV Room			•		
11:00	11:00	11:00	11:00	11:00	11:00	11:00
Listen to Music while	Listen to Music while	Listen to Music while	Listen to Music while	Listen to Music	Listen to Music	Listen to Music
toileting and washing	toileting and washing	toileting and washing	toileting and washing	while toileting and	while toileting and	while toileting and
for lunch	for lunch	for lunch	for lunch	washing for lunch	washing for lunch	washing for lunch
11:30 LUNCH	11:30 LUNCH	11:30 LUNCH	11:30 LUNCH	11:30 LUNCH	11:30 LUNCH	11:30 LUNCH
12:30	12:30	1:15	12:30	1:00	12:30	12:30
Down Time	Down Time	Welcome to join	November Birthday	Welcome to join us	Down Time	Down Time
		hymns	Celebrations (Dr. Stern)	for music & Therapy Dog, Mocha		
		Sunshine Room	AL Dining Room	Sunshine Room		
			_			
1:30	2:30	2:00	2:30	2:30	2:30	2:30
Ice Cream Social	Cognitive Activity	Welcome to join-	Cognitive Activity	Welcome to join us	Cognitive Activity	Cognitive Activity
MU Dining Room	w/ caregivers	Adam Swanson	w/ caregivers	in Sunshine Room	w/ caregivers	w/ caregivers
		Pianist		for music		
		Sunshine Room				
4:00-4:30	4:00-4:30	4:00-4:30	4:00-4:30	4:00	4:00-4:30	4:00-4:30
Wash & prep for dinner	Wash & prep for	Wash & prep for	Wash & prep for	Wash & prep for	Wash & prep for	Wash & prep for
	dinner	dinner	dinner	dinner	dinner	dinner
4:30 DINNER	4:30 DINNER	4:30 DINNER	4:30 DINNER	4:30 DINNER	4:30 DINNER	4:30 DINNER
After 5:30	After 5:30	After 5:30	After 5:30	After 5:30	After 5:30	After 5:30
Dress for Bed	Dress for Bed	Dress for Bed	Dress for Bed	Dress for Bed	Dress for Bed	Dress for Bed