Life Enrichment Activities November 4 - 10 2024											
Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday					
November 4, 2024	November 5, 2024	November 6, 2024	November 7, 2024	November 8, 2024	November 9, 2024	November 10, 2024					
7:30 Breakfast	7:30 Breakfast	7:30 Breakfast	7:30 Breakfast	7:30 Breakfast	7:30 Breakfast	7:30 Breakfast					
9:00 - 4:30 Hydration Station open	9:00 ELECTION DAY! Come	9:00 - 4:30 Hydration Station open	9:00 - 4:30 Hydration Station open	9:00 - 4:30 Hydration Station open		9:00 Church Service in the					
9:15 "National King Tut	and learn how the Electoral Collage works	9:15 Gather in the coffee	Lets LAUGH! Funny Senior Videos	9:00 World Pianist Day! Let's learn some		Chapel					
Day!" watch a historical video about King Tut! Coffee Shop	Coffee Shop	shop for chit chat and pastries!	8:30 - 11:00	history about the greatest piano players! (we know	Visit the Activities Center (coloring,						
10:00-11:00 沙 原為 with Kathi,	9:45 Movement with Michelle	with Kathi Exercise Room	Hair Salon is open 9:00 Yoga with Jim	one!)	puzzles, crosswords, wordsearches,						
Exercise Room 10:50 - 11:30	Exercise Room	10:15 TLC with Andrea	Exercise Room Window being replaced in	10:00 - 11:00	scrabble and more!) Get Moving! Visit the						
Auri sings and plays guitar! Dining Room	Mentors visit MC	∽ MC	the Sunshine Room - it will be COLD in there!	Zumba with Kathi Exercise Room	Exercise Center or walk the halls.	3					
11:30 Lunch	11:30 Lunch	11:30 Lunch	11:30 Lunch	11:30 Lunch	11:30 Lunch	11:30 Lunch					
12:30	12:30	12:30	12:30	12:30	_	12:15					
AL Ice Cream Social, Dining Room 1:15	Come and have fun guessing STATE TRIVIA! Exercise Room	Hymns and verses Sunshine Room	Charades! Exercise Room 2:30 Movie Matinee	Mocha the sheepadoodle therapy dog, and his dad playing guitar!	XD	Documentaries and discussion with Joan, Coffee Shop					
MC Ice Cream Social, MC Dining Room	1:00 Love from Winston the	1:30 Jigsaw Puzzles	"Unfrosted" In 1963, Kellogg's and Post, sworn cereal rivals,	Sunshine Room	"Age is something that doesn't matter, unless	O'M Secretary of the Control of the					
2.00 2.20	Therapy Dog! Sunshine Room	Dining Room	race to create a pastry that will change the face	2:00 - 3:00 Bus to City Market	you are a cheese." ~Luis Bunuel	There is a second of the secon					
2:00-3:30 BINGO in the Dining Room	2:30 Magnetic Darts!	2:45 Cornhole	of breakfast forever. UNFROSTED	2:30-3:15 Sing-A-Long with Duane playing the		Rest, Read, Relax					
7 26 40 58 73 14 22 34 55 68 4 24 = 46 72 9 20 36 52 74	Exercise Room	Exercise Room		Banjo 3:15 - 4:00 Happy Hour							
6 28 35 49 64 4:30 Dinner	4:30 Dinner	4:30 Dinner	4:30 Dinner	in the Sunshine Room 4:30 Dinner	4:30 Dinner	4:30 Dinner					

M	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
B F S T	CHOICE OF JUICE CHOICE OF CEREAL EGG: SWEET ROLL MILK	CHOICE OF JUICE CHOICE OF CEREAL EGG: TOAST MARGARINE/JELLY MILK	CHOICE OF JUICE CHOICE OF CEREAL SAUSAGE PATTY WAFFLES MAPLE SYRUP MILK	CHOICE OF JUICE CHOICE OF CEREAL SAUSAGE GRAVY BISCUIT MILK	CHOICE OF JUICE CHOICE OF CEREAL EGG: BACON TOAST MARGARINE/JELLY MILK	CHOICE OF JUICE CHOICE OF CEREAL SAUSAGE LINK FRENCH TOAST / SYRUP MILK	CHOICE OF JUICE CHOICE OF CEREAL EGG: DONUT HOLES MILK
N 0 0 N	FRIED CHICKEN MASHED POTATOES CHICKEN GRAVY CASCADE BLEND VEGETABLES ROLL/MARG PIE MILK	CHICKEN ALFREDO CARROTS GARLIC TOAST DESSERT IS ICE CREAM SOCIAL! MILK	BRUNCH ENTREE FEATURE SEASONED BREAKFAST POTATOES FRUIT APRICOT CRUMB BAR MILK	TURKEY PASTA SALAD TOMATO SLICES BREADSTICK CHEESECAKE MILK	SMOTHERED CUBE STEAK MASHED POTATOES BUTTERED PEAS BREAD/MARG FLUFFY STRAWBERRY DESSERT MILK	SHRIMP & CHIPS BROCCOLI W/ CHEESE CORNBREAD/MARG SEASONAL FRESH FRUIT MILK	SHEPHERDS PIE GREEN BEANS BREAD/MARG SHERBET MILK
E V E	CORN DOG MACARONI & CHEESE BAKED BEANS SEASONAL FRESH FRUIT MILK	OPEN FACE HOT BEEF SANDWICH MASHED POTATOES CREAMY COLESLAW MANDARIN ORANGES MILK	SUMMER CHICKEN TORTELLINI SOUP CRACKERS CHOPPED SALAD/DRESSING BREADSTICK BANANA BERRY CUP MILK	BRATWURST ON BUN TATER TOTS CORN MIXED FRUIT MILK	FRIED CHICKEN DRUMSTICK PASTA SALAD CUCUMBER SALAD GARLIC TOAST PEARS COOKIE MILK	BEEF ENCHILADA SEASONAL VEGETABLE BREAD/MARG BUTTERSCOTCH BROWNIE MILK	DELI SANDWICH POTATO CHIPS PEACHES CAKE ROLL MILK
H S	CHOICE OF SNACK	CHOICE OF SNACK	CHOICE OF SNACK	CHOICE OF SNACK	CHOICE OF SNACK	CHOICE OF SNACK	CHOICE OF SNACK

Menus Approved By:



05/05/24, 06/09/24, 07/14/24, 08/18/24, 09/22/24

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