## ACTIVITIES CALENDAR December 2 – 8

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Monday, 2	TUESDAY, 3	WEDNESDAY, 4	THURSDAY, 5	FRIDAY, 6	SATURDAY, 7	SUNDAY, 8	
7:30 Breakfast	7:30 Breakfast	7:30 Breakfast	7:30 Breakfast	7:30 Breakfast	7:30 Breakfast	7:30 Breakfast	
9:00	9:00	9:00	9:00	9:00	9:30	9:00	
"Japanese Secrets	"NYC Rockettes"	"National Cookie	Krampusnacht Day	Bartender	Residents meet in	Worship	
to Living a Long	Videos of winter	Day"	Come learn about an	Appreciation Day	Coffee Shop	Chapel	
Life"	dances	Amazing Cookie	old European 🗱 🅢	Gome see some	Listen to Messiah,	<u> </u>	
Short Video	coffee shop	making ideas	Celebration	insane	Christmas Music		
Coffee Shop		Coffee Shop	Coffee Shop	bartending skills!			
10:00	9:45	10:00	10:00	10:00	"Believe you can &	Sign Up for	
Zumba w/ Kathi	Movement w/	Zumba w/ Kathi	Yoga w/ Jim	Zumba w/ Kathi	you're half way	Luncheon at	
Exercise Room	Michelle	Exercise Room	Exercise Room	Exercise Room	there."	Double Tree	
	10:30 Mentors Visit MC			10:30 TLC w/ Andrea in MCU		Hotel December 18 List is in Activities Center	
11:30 Lunch	11:30 Lunch	11:30 Lunch	11:30 Lunch	11:30 Lunch	11:30 Lunch	11:30 Lunch	
12:30	12:30	<b>12:30 -</b> – Coffee Shop	1:00	1:00	Stay busy with the	12:15	
Ice Cream Social	Jigsaw Puzzles	Wheel of Fortune	Decorating Christmas	Mocha the Therapy	books, puzzles, &	Documentary	
Dining Room	Dining Room	Come test your puzzle	🤹 Trees 🍶	Dog & Guitar	other activities in	& Discussion	
	•	solving skills	Dining Room	Sunshine Room 🏰	the "Activities	w/ Joan	
		ESSSSS		2:30	Center"	Coffee Shop	
		A ROUN OF	Roocos :	Banjo/Sing-a-long			
	***	A AUSE	Line	w/ Duane			
2:00-3:30	2:00	2:30	2:30	3:15			
BINGO	Conversation Dart	Movie Matinee	Continuation of	Happy Hour	hale.		
Dining Room	Board	Wonderful	Decorating for holidays			13/4	
COLUMN TO THE PARTY OF THE PART	Your question	Life			34 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1	The state of the s	
14 8 37 171	depends on your aim	The state of the s	- <b>3</b>	Come down for a			
8 3 51 67 3 40 41 72 12 32 57 65	Exercise Room			drink & chit chat Sunshine Room		Rest	
4:30 Dinner	4:30 Dinner	4:30 Dinner	4:30 Dinner	4:30 Dinner	4:30 Dinner	4:30 Dinner	

М	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
BFST	CHOICE OF JUICE CHOICE OF CEREAL EGG: DANISH MILK	CHOICE OF JUICE CHOICE OF CEREAL CHEESE OMELET TOAST MARGARINE/JELLY MILK	CHOICE OF JUICE CHOICE OF CEREAL SCRAMBLED EGG W/ HAM & CHEESE TOAST MILK	CHOICE OF JUICE CHOICE OF CEREAL SAUSAGE PATTY FRENCH TOAST / SYRUP MILK	CHOICE OF JUICE CHOICE OF CEREAL SAUSAGE GRAVY BISCUIT MILK	CHOICE OF JUICE CHOICE OF CEREAL EGG: BACON TOAST MILK	CHOICE OF JUICE CHOICE OF CEREAL EGG: COFFEE CAKE MARGARINE/JELLY MILK
NOON	BAKED HAM AU GRATIN POTATOES VEGETABLE BLEND ROLL/MARG PIE MILK	CHICKEN CORDON BLEU GARLIC & HERB ROASTED POTATOES HARVARD BEETS ROLL/MARG ICE CREAM SOCIAL MILK	SPAGHETTI/ MEATSAUCE SEASONAL VEGETABLE GARLIC TOAST PUMPKIN DESSERT MILK	CREAMY BACON PORK LOIN BAKED YAM BUTTERED PEAS BREAD/MARG CHOCOLATE RICE KIRSPIES BAR MILK	SWISS STEAK W/ GRAVY BOILED POTATOES/MARG VEGETABLES BREAD/MARG PEANUT BUTTER BROWNIE MILK	SWEET & SOUR SHRIMP OVER RICE BROCCOLI FLORETS CAKE MILK	FRIED CHICKEN MASHED POTATOES CHICKEN GRAVY CORN BREAD/MARG COOKIE MILK
E V E	CORN DOG MAC & CHEESE GREEN BEANS BREAD/MARG APRICOTS MILK	TACO SOUP CHEESE QUESADILLA CHILLED FRUIT MILK	OPEN FACE TURKEY SANDWICH MASHED POTATOES GRAVY WINTER FRUIT CUP MILK	BEEF STEW TOSS SALAD/ DRESSING GARLIC BREAD PEARS MILK	CHICKEN 'N WAFFLES CARROTS BANANA BERRY CUP MILK	GRILLED BRAT SAUERKRAUT CURLY FIRES PEACHES MILK	TACO SALAD w/ TORTILLA ON SIDE SOUR CREAM AND SALSA DRESSING MANDARIN ORANGES MILK

Menus Approved By:

Notes:



08/18/24, 09/15/24, 10/13/24, 11/10/24, 12/08/24, 01/05/25, 02/02/25, 03/02/25, 03/02/25

## **MC ACTIVITIES CALENDAR December 2-8**

MONDAY, 2	TUESDAY, 3	WEDNESDAY, 4	THURSDAY, 5	FRIDAY, 6	SATURDAY, 7	SUNDAY, 8
7:30 BREAKFAST	7:30 BREAKFAST	7:30 BREAKFAST	7:30 BREAKFAST	7:30 BREAKFAST	7:30 BREAKFAST	7:30 BREAKFAST
8:30	8:30	8:30	8:30	8:30	8:30	8:30
Hygiene, hair, & Oral	Hygiene, hair, &	Hygiene, hair, &	Hygiene, hair, &	Hygiene, hair, &	Hygiene, hair, &	Hygiene, hair, &
Care	Oral Care	Oral Care	Oral Care	Oral Care	Oral Care	Oral Care
9:20	9:30	9:15	9:30	9:00	9:30	9:00
Caregivers gather	Movement w/	Pastries &	Movement w/	Movement w/	Coffee, Tea, Hot	Welcome to
residents into Dining	Caregivers	breakfast drinks	Caregivers	Caregivers	Cocoa	attend service in
Room for exercise		<b>Volunteer Eric</b>			Old Classic Shows	chapel
9:30		comes for walks				
Movement w/ Kathi						
10:00	10:30	10:00	10:00	10:30	10:30	10:30
Watch Nature Shows	Mentors Visit	Welcome to join AL	Welcome to join AL	TLC w/ Andrea	Hand out	Help with Jigsaw
	Sing-a-long	Zumba	Yoga		Magazines/Books	Puzzles
	TV Room			•		
11:00	11:00	11:00	11:00	11:00	11:00	11:00
Listen to Music while	Listen to Music while	Listen to Music while	Listen to Music while	Listen to Music	Listen to Music	Listen to Music
toileting and washing	toileting and washing	toileting and washing	toileting and washing	while toileting and	while toileting and	while toileting and
for lunch	for lunch	for lunch	for lunch	washing for lunch	washing for lunch	washing for lunch
11:30 LUNCH	11:30 LUNCH	11:30 LUNCH	11:30 LUNCH	11:30 LUNCH	11:30 LUNCH	11:30 LUNCH
12:30	12:30	12:30	12:30	1:00	12:30	12:30
Down Time	Down Time	Down Time	Down Time	Welcome to join us for music & Therapy	Down Time	Down Time
				Dog, Mocha		
				Sunshine Room		
1:30	2:30	2:30	2:30	2:30	2:30	2:30
Ice Cream Social	Cognitive Activity	Cognitive Activity	Decorating the	Welcome to join us	Cognitive Activity	Cognitive Activity
MU Dining Room	w/ caregivers	w/ caregivers	Christmas Tree	in Sunshine Room	w/ caregivers	w/ caregivers
mo Dining Noom	W/ caregivers	W/ Caregivers	Cinibenius iree	for music	Wy caregivers	Wy caregivers
4:00-4:30	4:00-4:30	4:00-4:30	4:00-4:30	4:00	4:00-4:30	4:00-4:30
Wash & prep for dinner	Wash & prep for	Wash & prep for	Wash & prep for			
	dinner	dinner	dinner	dinner	dinner	dinner
4:30 DINNER	4:30 DINNER	4:30 DINNER	4:30 DINNER	4:30 DINNER	4:30 DINNER	4:30 DINNER
After 5:30	After 5:30	After 5:30	After 5:30	After 5:30	After 5:30	After 5:30
Dress for Bed	Dress for Bed	Dress for Bed	Dress for Bed	Dress for Bed	Dress for Bed	Dress for Bed